



1st October 2024 - 31st October 2024.

'Reclaiming Narratives'



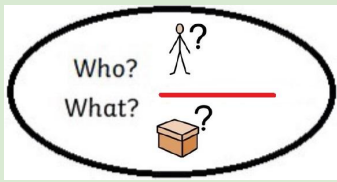
Active Listening Skills

- Try and look at the person who is speaking.
Keep your body calm.
- Do small fidgeting that doesn't distract anyone.
Concentrate and think about the words.
- Take turns to talk.
Say if you don't understand.
- Keep quiet

Skilled Speaking

- Wait until the listeners are ready
- Sit or stand smartly
- Use full sentences
- Try to look at or face the audience
- Think before you speak
- Speak loudly and clearly





Reclaiming Narratives

Reclaiming Narratives means telling your own story instead of letting someone else tell it for you. Imagine if someone told a story about you, but they left out important things, or didn't tell it the way it really happened. You'd want to take back your story and tell it the right way, wouldn't you?



Why?



This is important during Black History Month because, for a long time, many Black people's stories weren't told properly or at all.

By reclaiming their narratives, Black people are sharing their real stories, celebrating their achievements, and making sure everyone knows about the amazing things they've done!

Dame Jessica Ennis-Hill (Olympic Athlete)



Jessica is a British athlete who won gold at the Olympics. She didn't let anything stop her from achieving her dreams, and she represents strength, determination, and the power of hard work. Through her success, she has shown that women of colour can excel in sport and inspire others.

Malorie Blackman (Author)



Malorie Blackman is a writer who tells stories that make people think. Her books, like the 'Noughts & Crosses' series, help us understand big ideas about race and fairness. Malorie has reclaimed narratives by writing stories where people of colour are the heroes

Marcus Rashford (Footballer)



You might know Marcus Rashford for his football skills, but he has done more than score goals. He helped change government policies by standing up for children who needed free school meals during the pandemic. Marcus used his voice to make sure no child went hungry, and that's what reclaiming narratives is about—using your platform for good.

Stormzy (Musician)



Stormzy is not just a popular musician, he is also passionate about education. He created scholarships for Black students to study at Cambridge University. He's helping young people reclaim their futures by giving them opportunities to achieve their dreams

Akala (Rapper, Author, and Activist)



Akala is a musician, poet, and writer who educates others about Black history, colonialism, and race through his work. His book *Natives: Race and Class in the Ruins of Empire* challenges mainstream narratives and helps people see history from a different perspective.

Dr. Maggie Aderin-Pocock (Space Scientist and Presenter)



Dr. Maggie Aderin-Pocock is a space scientist and science communicator who challenges stereotypes about who can succeed in science. She has worked hard to reclaim narratives about women of colour in STEM, showing that Black women can excel in highly specialized fields.



Remember, whether it's through sport, writing, music, or helping others, we can all make a difference by being ourselves and supporting each other and by telling our own story.

'Show Racism the Red Card'

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WEAR RED DAY 2024

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FRIDAY 18TH
OCTOBER 2024

#WRD24  SHOW RACISM THE RED CARD