

# Capella House Curriculum Overview 2025-26



Mars (Y7)	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
COMPUTING	Google Chrome. Logging in, Passwords and Online Safety	Creating and Presenting information: using docs, slides and their tools	IT - Graphic Design and Copyright	Computers are everywhere - Different types of computers	Scratch Programming	Spreadsheets -What are they and what do they do?
SCIENCE	Living Organisms	States of Matter	Forces and Motion	Plants and Photosynthesis	Light and Sound	Simple Chemical Reactions
HISTORY	The Industrial Revolution	The Industrial Revolution	The Elizabethans	Medieval Britain	Norman Conquest	Civil Rights In America
GEOGRAPHY	Introduction to Geography What's a Geographer?	Introduction to Geography- Natural Resources	Local and Global Economies	Weather & Climate	Earth Processes- Rainforests	Coasts
PE	Invasion Games  Football/Handball - Basic Skills & Rules  Fitness - Introduction to Game Fitness  Gymnastics	Net Games  Badminton - Learning Racket Skills, Fun Games  Basketball - Basics, Dribble, Pass, Shoot  Gymnastics	Fielding & Striking  Cricket - Grip, Stance, Batting Fundamentals  Rounders - Basics of Batting, Fielding and Running  Gymnastics	OAA & Table Tennis  OAA - Basics of outdoor skills  Table Tennis - Fundamentals and techniques  Gymnastics	Invasion Games  Dodgeball - Basic Throwing and Dodging  Hockey - Introduction to stick skills  Gymnastics	Athletics  Athletics - Basics of Various Athletic Events  Gymnastics
PSHE/RSE	Health & Well-Being	Health & Well-Being	Relationships	Relationships	Living in the Wider World	Living in the Wider World
COMMUNICATION	Shape coding- Grammar intervention	Shape coding- Grammar intervention	Narrative writing	Narrative writing	Kind Minds	Kind Minds

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ART	Understanding and Exploring Formal Elements of Art	Exploring Colour theory Colour wheel	Exploring tone and shade using different materials	Exploring Food in Art	Mixed Media Experimenting	Exploring texture Claywork Plasticine
Religious Education	Beginnings of Religions	Christianity and its origins	Followers of Judaism	Followers of Islam	Famous Followers	Special Leaders
OT	Goal setting and motor skills	Self care - tool kit	TBC- needs led	TBC- needs led	TBC- needs led	TBC- needs led
Drama	Elements of Drama	Pantomimes	Screen Acting	Kafka's Metamorphosis Physical Theatre	Greek Theatre	Greek Theatre

Jupiter & Saturn (Y8)	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
COMPUTING	What are Computers?	Grand Designs	Digital Imaging	Software	Micro Bits	Scratch programming
SCIENCE	Cells	Earth and Atmosphere	Energy and Heat Transfer	Ecosystems and Adaptations	Electricity and Magnetism	Chemical Reactions
HISTORY	The Transatlantic Slave Trade	The Transatlantic Slave Trade	The Mayans	Britain and Europe since 1901	First Colony in America	British Civil Wars
GEOGRAPHY	Rivers	Development	Changing Populations & Migration	Diverse & Dynamic- How is Asia transforming?	Coasts and our changing landscape	Earth Processes- Rainforests
PE	Invasion Games  Football/Handball - Intermediate Techniques  Fitness - Agility & Speed Games  Gymnastics	Net Games  Badminton - Technique Refinement, Matches Begin  Basketball - Teamwork, Positions, Simple Plays  Gymnastics	Fielding & Striking  Cricket - Bowling Techniques, Fielding Skills  Rounders - Positional Awareness, Basic Tactics	OAA & Table Tennis OAA - Team building and navigation  Table Tennis - Advanced Strokes and Strategy  Gymnastics	Invasion Games  Dodgeball - Team Strategies and Agility  Hockey - Passing and Positional Play	Athletics  Athletics - Skill Refinement and Introduction to Competition.  Gymnastics

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			Gymnastics		Gymnastics	
PSHE/RSE	Health & Well-Being	Health & Well-Being	Relationships	Relationships	Living in the Wider World	Living in the Wider World
COMMUNICATION	DLD and Me	DLD and Me	Word Detective	Word Detective	PEERS social skills	PEERS social skills
ART	Revising Colour Theory & Art Fundamentals	Fashion Design Shoes, hats, Costume Design/ Printmaking Textiles	Observational Drawing Techniques	Artist Studies	Graphic Design Typography Digital Art	Street Art Graffiti
Religious Education	Stories of Jesus	Religious festivals	Christian ceremonies	World Beginnings	Places of Worship	Sikhism
OT	Executive Functioning	Hygiene	Recording of work	Interception	Interception	Accessing the Community
Drama	Status Social Justice	Musical Theatre	Stage Combat	Melodrama Multimedia/Silent Film	Commedia Dell'arte	Naturalism Lord of The Flies/ Presenting skills

Neptune (Y9)	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
COMPUTING	Computing - Hardware	Computing - Software	Portable Computing - mobile phones, laptops and tablets	Coding (Block Based) - Scratch	Coding languages - Intro to conditional logic (using Tynker)	Using Computers to help us - (canva, photo editing, Pixel art etc.)
SCIENCE	Specialist Cells	The Periodic Table and Elements	Forces and Motion	The Human Body	Physics in Everyday Life	Earth's Resources
HISTORY	The British Empire	The British Empire	Women's Suffrage	WW2	17th Century Thinkers	The Interregnum
GEOGRAPHY	Destructive Planet - Volcanoes & Earthquakes	How does Ice change the world?	Are natural disasters natural? Cyclones & Floods	The Middle East	Coasts and our changing landscapes	What's the future of the planet?
PE	Invasion Games	Net Games	Fielding & Striking	OAA & Table Tennis	Invasion Games	Athletics

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	Football/Handball - Tactical Understanding  Fitness - Game Specific Fitness Drills Gymnastics	Badminton - Strategies Evolve, Doubles Games  Basketball - Defensive Strategies, Offensive Plays Gymnastics	Cricket - Strategy Development, Team Coordination  Rounders - Advanced Batting Technique, Fielding Skills Gymnastics	OAA - Outdoor Safety and Leadership  Table Tennis - Competitive Play and Tactics Gymnastics	Dodgeball - Basic Throwing and Dodging Hockey - Introduction to stick skills Gymnastics	Athletics - Event Specialisation and Technique Gymnastics
PSHE/RSE	Health & Well-Being	Health & Well-Being	Relationships	Relationships	Living in the Wider World	Living in the Wider World
COMMUNICATION	Developing Resilience	Developing Resilience	Long form writing	Long form writing	Community engagement	Community engagement
ART	Colour Theory Revising Art Fundamentals Mixed Media Experimenting	Pet Portraits Printing	City and Landscapes Perspective Line and Proportion	City and Landscapes Ink pen drawings Collage	Artist Studies	Photography Collage
Religious Education	Hinduism	Right or wrong	Evil and suffering	Sacrifice and pilgrimage	Buddhism	Humanism
OT	Executive Functioning	Recording of work	Looking after myself	Looking after myself	Accessing the Community	Accessing the Community
Drama	Verbatim theatre	Musical Theatre	Practitioner study: Brecht  Teachers	Shakespeare  The Tempest	Theatre in Education  Roles & Responsibilities	Theatre in Education  Putting on a show

Mercury (Y10)	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
COMPUTING	Hardware -Components	Software-	Programming - structures and problems: Scratch and Python	Programming - creating and making: Scratch and Python	Flowcharts - symbols/Logic - Logic gates and binary	Microbits -applying what we have learnt this year to the Microbit
SCIENCE	Entry level Biology - How the body works	Entry level Biology - How the body works Portfolio investigation	Entry level Physics - Energy, forces and the structure of matter	Entry level	Entry level	Entry level Chemistry - Elements, Mixtures and Compounds

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				Physics - Energy, forces and the structure of matter Portfolio investigation	Chemistry - Elements, Mixtures and Compounds	Portfolio investigation
HISTORY	War and British Society	War and British Society	The Viking Age	The Viking Age	Qualification Biography and In Depth Study	Qualification: Site/Individual In Depth Study
GEOGRAPHY	Resourceful World- Where does our food come from?	How does Ice change the world?	Dynamic Development	Destructive World- How do plate tectonics shape our world?	Coasts and our changing landscapes	Geographical Skills & applications including Fieldwork and GIS
PE	Invasion Games  Football/Handball - Tactical Application  Fitness - Advanced Invasion Games Gymnastics	Net Games Badminton - Precision, Power Tournament Preparation  Basketball - Advanced Skills - Intense Drills Gymnastics	Fielding & Striking Cricket - Specialised Roles, Match Tactics  Rounders - Team Strategy, Competitive Matches  Gymnastics	OAA & Table Tennis OAA - Expedition Planning and Survival  Table Tennis - Game Practice and Tournament Preparation. Gymnastics	Invasion Games Dodgeball - Intense Competition and Coordination  Hockey - Competitive Gameplay and Fitness Gymnastics	Athletics Athletics - Competitive Training and Strategy  Gymnastics
PSHE/RSE	Health & Well-Being	Health & Well-Being	Relationships	Relationships	Living in the Wider World	Living in the Wider World
ART	Revisit the fundamentals of art: colour, shape, and line. How to structure a GCSE portfolio. Artist research project. Experimenting with mediums.	Theme: Animals  Printmaking Ink Drawing Mixed Media Tonal Drawings Art Analysis	Theme: Animals  3D Art Textiled Mixed Media Applying colour theory Art Analysis	Theme of Rubbish: Focusing on social issues (the environment, pollution, underwater)  Artist Study Variety of mediums Art Analysis	Theme of Rubbish: Focusing on social issues (the environment, pollution, underwater)  Variety of mediums Art Analysis	Completing outstanding GCSE projects
SALT	Long form writing	Language skills for Maths	Spoken debates and presentations	Persuasive writing	Functional communication for life (forms, CVs, community)	Functional communication for life (forms, CVs, community)
OT	Enterprise	Enterprise	Skills for work	Skills for work	Health and Wellbeing	Accessing the Community

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Venus (Y11)	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
COMPUTING - Pearson Essential Digital Skills	Using Devices & Handling Information	Storing & Solving Problems	Creating & Editing Digital Content	Communicating Online	Transacting Online Safely	Being Safe & Responsible Online
SCIENCE	Entry level Biology - How the body works	Entry level Biology - How the body works Portfolio investigation	Entry level Physics - Energy, forces and the structure of matter	Entry level Physics - Energy, forces and the structure of matter Portfolio investigation	Entry level Chemistry - Elements, Mixtures and Compounds	Entry level Chemistry - Elements, Mixtures and Compounds Portfolio investigation
HISTORY	Qualification Biography and In Depth Study	Qualification: Site/Individual In Depth Study	The Viking Age	The Viking Age	War and British Society	War and British Society
GEOGRAPHY	Resourceful World - Why should tropical rainforests matter to us?	Resourceful World- Will we run out of natural resources?	Destructive World- Case Studies for OCR	Fieldwork & Geographical Skills- OCR	Fieldwork and Geographical Skills OCR	Our World: How is the UK changing in the 21st Century?
PE	Invasion Games  Football/Handball - Competitive Play.  Fitness - Peak Performance Invasion Games Gymnastics	Net Games  Badminton - Mastering Tactics - Tournaments  Basketball - Leadership & Games. Gymnastics	Fielding & Striking  Cricket - Leadership Performance.  Rounders - Precision, Leadership Gymnastics	OAA & Table Tennis  OAA - Advanced Wilderness Challenges  Table Tennis - Leadership & Tournaments Gymnastics	Invasion Games  Dodgeball - Tournament Readiness and Leadership  Hockey - Advanced Game Strategies and Drills Gymnastics	Athletics  Athletics - Competitive Preparation and Leadership  Gymnastics
Art	Revisit the fundamentals of art: colour, shape, and line. How to structure a GCSE portfolio. Artist research project. Experimenting with mediums.	Themes: Habitats/Animals  Printmaking Ink Drawing Mixed mediums	Year 11 GCSE Exam paper released (topics given by AQA)  Artist Studies Art Analysis Mixed Media Creations Portfolio Art	Year 11 GCSE Exam Preparation and Paper  Artist Studies Mixed Media Creations Portfolio Art Art Analysis	Year 11 GCSE Exam Preparation and Paper  Final Designs	GCSE Exam

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PSHE/RSE	Health & Well-Being	Health & Well-Being	Relationships	Relationships	Living in the Wider World	Living in the Wider World
SALT	Long form writing	Long form writing	Spoken debates and presentations	Persuasive writing	Functional communication for life (forms, CVs, community)	Functional communication for life (forms, CVs, community)
OT	Enterprise	Enterprise	Me and my community	Me and my community	Rebound	