



RTS SPRING LUNCH MENU

Week commencing 26/01/2026



Meat

Vegetarian

Monday

Cheese Burger

served with wedges
and RTS slaw

Spicy Bean Burger

served with wedges
and RTS slaw

Tuesday

Sausage & Mash

served with seasonal vegetables

Vegetarian Sausage & Mash

served with seasonal vegetables

Wednesday

Sweet & Sour Chicken

served with rice

Vegetable Noodles

Thursday

Battered Fish & Chips

served with baked beans or
mushy peas

Falafel in a Flatbread

served with chips and salad

Friday

Jerk Chicken Burrito

served with rainbow slaw

Jackfruit Bao

served with rainbow slaw

Daily options

Jacket Potato

'On the go'

Baguettes

Bakes

Filled rolls

Pasta

Sandwiches

Sausage rolls

Wraps

Please ask your server for any dietary or allergy information