



# RTS SPRING LUNCH MENU

Week commencing 20.04.26 / 04.05.26 / 18.05.26



## Meat

## Vegetarian

**Monday**

### Southern Chicken Burger

served with wedges  
and RTS slaw

### Southern Quorn Burger

served with wedges  
and RTS slaw

**Tuesday**

### Beef Arrabbiata

served with pasta and seasonal  
vegetables

### Spicy Ratatouille

served with pasta

**Wednesday**

### Sweet & Sour Chicken

served with special fried rice

### Vegetable Chow Mein

**Thursday**

### Battered Fish & Chips

served with baked beans or  
mushy peas

### Cous Cous Stuffed Pepper

**Friday**

### Mexican Beef Burrito

served with rice  
and Mexican Salad

### Macaroni and Cheese

served with salad

### Daily options

Jacket Potato

### 'On the go'

Baguettes

Bakes

Filled rolls

Pasta

Sandwiches

Sausage rolls

Wraps

### Meal Deal

Main Meal &  
Dessert of the Day  
£2.90

Please ask your server for any dietary or allergy information